

## Useful Contact Numbers and Information

### **Have you had damage to your household items as a result of the disaster?**

Grants can be provided to assist eligible individuals and families whose essential household items (i.e. bed, toaster, kettle etc) have been destroyed or damaged by a natural disaster. People with limited financial resources and no insurance may be eligible for assistance to replace your essential household items. If you have insurance then call your insurer ASAP to discuss your situation.

### **Has the structure of your home been damaged and you own the home?**

Grants can be provided to assist eligible home owners whose homes have been destroyed or damaged by a natural disaster. People with limited financial resources and no insurance may be eligible for assistance for structural repairs to your home. If you have insurance then call your insurer ASAP to discuss your situation.

It is important to take care of your health and well being following a natural disaster. Your GP is always a good place to start. They can do physical assessments to ensure you are ok, and work on a mental health care plan if needed. They can also refer on to other local services.

Community Health may have someone you can talk to. Below are some useful numbers you can access immediately.

Lifeline	13 11 14
Mental Health Line – 24hrs/7days	1800 011 511
Centrelink – Disaster Recovery Payment	180 22 66
Rural Financial Counselling Service	1800 686 175
NSW Rural Assistance Authority	1800 678 593
Local Land Service Ag and Animal Services Hotline	1800 814 647
Legal Aid - LawAccess	1300 888 529
Kyogle Council	02 6632 1611

**For more information about grants call  
Disaster Welfare Services on 1800 018 444**